**SOUDA BAY, CRETE** -- As the NMCB 4 Souda Bay Detail continues its excellence in construction, conduct, teamwork, and Navy pride; they have had the opportunity to turn that progress around, to pure chaos.

The obedience turned into rage and adrenaline. Junior Seabees against senior Seabees, rifleman against rifleman, officer in charge against assistant officer in charge. Anarchy. Of course, this is paintball. What better way to release tension, than a nice wholesome game of "kill or be killed" —by paint.

Det Souda and the base's MWR establishment coordinated an afternoon to raise and maintain morale within the Detail.

"Those paint ball thingy's hurt," said Builder 3<sup>rd</sup> Class Michael Formolo, who seemed to be a perpetual paintball magnet.

The first, second, and third round was 1st squad against 2nd squad, with Utilitiesman Chief Mark Kraninger, Utilitiesman 1st Class Lonnie Cosper, and Builder 1st Class Scott Niezgoda, as neutral free-for-all contenders.

"I was reluctant to even go out there. I had to be out of my mind to allow Seabees to shoot paintballs at me," said UT1 Cosper. The last round was E-5 and above against E-4 and below.

Even though the event divided the group into bitter enemies, the out come of the event created a more collective togetherness within the Detail. Teamwork surfaces in many different forms and ironically, organized competition and unrestrained eagerness to win brings mutual cohesion in the future. This event was only a portion of the morale activities planned throughout the deployment to stimulate teamwork and togetherness.

## - NMCB FOUR -

## Photo Captions:



BU3 (SCW) Formolo is covered in pain after a treacherous round of paintball.